

CM inaugurates Multipurpose Rural Development Centre Hall at Heingang

It is time for us to stand together for the development of the State - N. Biren Singh

IT News
Imphal, Feb 5:

Chief Minister N. Biren Singh today inaugurated Multipurpose Rural Development Centre Hall and New Building of the Heingang Kontha Makha Leikai Model Club at a solemn function held at Kangjeibung Lampak, Heingang Makha Leikai, Imphal East.

The programme was also attended by Deputy Commissioner, Imphal East Khumanthem Diana Devi and other Government officials.

Speaking on the occasion, Chief Minister N. Biren Singh stated that Manipur has witnessed certain hindrances and enmity among different communities due to thinking on localism and vested interest in the last many years, adding that it is time for us to stand together for the development of the State.

Lauding the movement on

Award distributed to eminent story tellers

IT News
Imphal, Feb 5:

Shri Shri Govindajiu Bhakti Grantha Kendra Vidyalaya today observed 67th Annual Function cum Award Presentation Function at Mahabali Hanuman Temple at Bamol Leikai here in Imphal. The function was attended by Speaker of the Manipur Legislative Assembly Th. Satyabrata as the Chief Guest. During the function awards were distributed to eminent personality who had dedicated in the "Wari Leeba" (Story Telling) art.

Rotary Club of Imphal visits Old Age

IT News
Imphal, Feb 5:

Rotary Club of Imphal (RID-3240), as a part of its golden jubilee year celebration, visited old age home, Langol today, 5th Feb '2023 and distributed bag of rice, potatoes, onion, pulses, sugar, tea bag, mustard oil, room heater, tea cattle, two radio sets and jerseys to the home.

Rtn. Pramod Jaiswal, President, Rotary Club of Imphal said that we all must visit old-age homes regularly in our life to see and greet our elders. He added that he could see the happiness in their eyes. They looked happy, but still we can feel their pain of not being able to live with their dear ones. They must be treated equally. We must sit with them and listen to them. We must take care of their good health and wellbeing too.



Ekta Bharat initiated by Prime Minister Narendra Modi, he added that India has become one of the superpowers of the world. He also mentioned the recently tabled Union Budget 2024, stating that the same had been prepared with a long term vision, which would take the Country to the top among the superpowers of the world in the next 25 years.

The Chief Minister continued that politics should be done with the objectives of people's welfare and bringing development, adding that the State Government has taken up certain development works including Manipur Southern Cultural Centre at Behiang, Heritage Park at Makhel, 34 Police Stations along the state's boundary and installing statues of our great forefathers at different locations among oth-

ers. He further stated that reinstatement of the aged old relationship between hill and valley peoples by bringing inclusive development had been possible only with the support of the people.

Expressing that there were more things to do for the State's development, N. Biren maintained that the State Government has been putting in every effort to improve the living standard and quality of life of its people, under the guidance of the Prime Minister.

N. Biren stressed the need for people of different communities residing in the State to set aside all the differences and join hands for bringing development, mentioning that the communities had been living together since time immemorial. He also spoke on the ill-effects of drugs and its addiction to

Manipur society. He appealed to the public not to conceal their family members who are drug addicts, rather take them to rehabilitation centres for correction measures. He also informed that the Government had also set up a rehabilitation centre at Sunusiphai at Bishnupur District. He further stressed the urgency to save our youths from drug menace as the population of the State is small.

Later, the Chief Minister also inaugurated a Multipurpose Community Centre at Konthoujam, Imphal West in presence of Speaker, Manipur Legislative Assembly Th. Satyabrata Singh, Health and Family Welfare Minister Dr. Sapam Ranjan Singh and Deputy Commissioner, Imphal West Th. Kirankumar.

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Khwaairamband Keithel Nupi Marup observes 40th Foundation Day



IT News
Imphal, Feb 5:

The 40th Foundation Day of Khwaairamband Keithel Nupi Marup was held today at Khwaairamband Ima Keithel.

As a part of the Foundation days representatives of various CSOs and members of the Khwaairamband Ima Keithel pay floral tributes to the portraits of the Imas of Khwaairamband Keithel who had left for heavenly abode.

Speaking on the occasion MLA Thangjam Arunkumar

lauded the roles taken by the women of Khwaairamband Keithel in shaping the future of the state.

"Imas of the Khwaairamband Keithel have always been in the forefront when it comes to any challenges to either socio-political issues or economic issues", Arunkumar said.

He further said that the Imas of Khwaairamband Keithel have always been playing role in producing policymakers and social activists of all trades of the state.

"Many sons and daughters of the soil who are now in the top post in government or in politics are sons and daughters of the Imas of Khwaairamband Keithel. Khwaairamband Keithel has also been playing roles in shaping the economy of the state, Arunkumar added.

Arunkumar further expressed more expectations from the Imas of Khwaairamband Keithel in spearheading the people in the right direction in hard times.

ENPO's withdrawal of poll boycott call shows trust in govt, says Union Home Minister Amit Shah

Agency
Kohima, Feb 5:

Soon after the Eastern Nagaland People's Organisation (ENPO) called off its decision to abstain from participating in the upcoming assembly polls, Union Home Minister Amit Shah said the decision of the apex body of Eastern Nagas shows trust in Prime Minister Narendra Modi-led BJP government.

"It is heartening that in an expression of trust in the Modi government, the Eastern Nagaland Peoples Organisation (ENPO) in Nagaland has withdrawn its call to boycott the assembly elections. The decision will help in keeping the ongoing process of peace and devel-

opment unhindered," Shah said.

Taking to Twitter, he said "I am grateful for their positive gesture reaffirming ENPO's commitment to democratic processes. PM @narendramodi Ji has made untiring efforts to assure the people of Northeast India that the government is with them and the ENPO's move is an approval of these endeavours."

The ENPO had earlier resolved and reaffirmed numerous times to abstain from participating in the state or central elections till its demands for a separate state 'Frontier Nagaland' is met. However, on Saturday, it called off the boycott following its executive meeting held at the Tourist Lodge Dimapur.

"Following the request of the MHA to review the August 26, 2022 resolution of ENPO and its constituent tribal bodies and frontal organisations to abstain in any election process and the subsequent assurance given by the Union Home Minister to ENPO officials on 2nd February, the ENPO in due consultation with its constituent tribal bodies and frontal organisations hereby relaxed the 26th August 2022 resolution with immediate effect," it said.

The assurance, it said, was that a mutually agreed solution will be reached after following the due process and will be implemented after the completion of the election process.

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MLA Karam Shyam helps disable persons who are not from his constituency

IT News
Imphal, Feb 5:

MLA of Langthabal Assembly Constituency Karam Shyam continue to provide monetary assistance to hard working youths of different category. Today the MLA extended monetary assistant to two disable who are earning and feeding their family by exploring their extraordinary skills. Interestingly those persons with disability who got monetary support from MLA Karam Shyam are not from the Assembly constituency of Karam Shyam where he got elected. The gestures showed that the service of the MLA does not have any political motives.

Monetary assistance was provided to Nongmeikappam Subankar from Samurou Mayai Leikaia and Thokhom Sarjubala of Awang Khunou Mayai Leikai of Lamshang Assembly constituency.

Except for his right hand all other parts - left hand, legs were disabled. But he can re-



pair cell phones with his active right and has been earning at least Rs. 6000/- per month and is able to manage to live life with dignity.

Thokhom Sarjubala from Lamshang Assembly constituency is a born artist but unable to walk as most of his body are disabled. Besides, his disability Sarjubala was honoured with national awards for her

artistic painting skills. Today she give training to disabled children and manage to live independently even though she depend on wheelchair to move here and there.

MLA Karam Shyam donated a sum of Rs. 50,000/- to Sarjubala to fulfil her dream of opening a class room for teaching painting to students.

Sunny Leone arrives in Imphal

IT News
Imphal, Feb 5:

Bollywood actor Sunny Leone has arrived in Imphal. Sunny Leone was slated to be the showstopper for a fashion show at Imphal in Manipur on Sunday (February 5).

The fashion show was, however, earlier on Saturday (February 4), cancelled by the deputy commissioner of Imphal East district of Manipur.

It is not yet clear that whether the fashion show would be held despite the Imphal East DC issuing orders



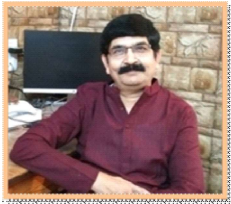
of cancellation of the fashion event.

Sunny Leone was supposed to be the show stopper at the fashion show organised by House of Ali to promote

handloom, khadi and tourism.

The fashion show was cancelled following a bomb blast near the venue of the fashion show of Sunny Leone in Imphal.

Taking care of old people



By: Vinod Chandrashekhara Dixit

Don't we think there is an urgent need to highlight the important contributions that older people make to society and raise awareness of the issues and challenges of ageing in today's world. In many parts of the world elder abuse occurs with little recognition or response. Until recently, this serious social problem was hidden from the public view and considered mostly a private matter. Even today,

elder abuse continues to be a taboo, mostly underestimated and ignored by societies across the world. It is a time not only to highlight their valuable contribution to the globe but also to stress their basic human rights. Many older persons are unaware of their rights and how to enforce them, due to a variety of reasons. WEAAD aims to provide an opportunity for communities around the world to promote a better understanding of the abuse older people suffer by raising awareness of the cultural, social, economic, and demographic processes affecting them. Elder abuse is one of the least investigated types of violence and does not get addressed in national action plans as frequently as other key social issues.

Today the elderly Persons is important in raising global awareness as a huge advocacy effort to call for more enhanced international thinking and actions on elderly rights. Today the life expectancy has risen sharply due to medical advancement, improvements in nutrition, sanitation, medical science, health care, education and economic well-being. Ageism is widespread and an insidious practice which has harmful effects on the health of older adults. The ageing process is a biological reality and affects every human being on earth. Ageism rests on the assumption that discrimination against older persons is

With improving life expectancy, better availability of healthcare, and increased awareness about diabetes, the prevalence of diabetes in the elderly (above 70 years of age) is gradually increasing in India. The geriatric population now forms an important subset of our patients attending OPD for diabetes management. Even in the inpatient admissions, diabetes is very common accompaniment in elderly population. Guidelines published nationally or internationally may not always apply to elderly population. Generally diabetes management is pursued comprehensively in the elderly, and treatment offered is often inadequate.

Diabetes in elderly is different. In elderly patients, the classical symptoms of high sugar or hyperglycemia like polyuria i.e. increased urinary frequency and increased thirst may not be present. This is because of metabolic rearrangements in the body. Due to physiological changes, there are variations in drug absorption, metabolism and clearance which must be taken into account while treating diabetes in elderly.

Complications like major amputations of lower limb, heart attack (myocardial infarction), visual impairment and end stage kidney disease occur with a higher frequency

Diabetes in the Elderly

By: Dr. Chakshu Ch.

in elderly diabetic patients compared to any other age group. The elderly have a much higher rate of emergency department visits with hypoglycemia when compared to younger diabetics.

Cognitive or mental dysfunction and depression because of Alzheimer's disease and other vascular dementia, affects patient ability to perform glucose monitoring, to titrate insulin dose and to follow dietary restriction.

Visual and hearing impairment along with nerve damage leads to unstable gait and increase risk of falls and fractures.

Polypharmacy means multiple medications are common in elderly diabetic patients. Usually they are prescribed more than 4-5 medicines, which increase the risk of drug adverse effects and interactions. Also, several other medical issues like urinary incontinence are more common.

Management: Older adults who are functional and mentally strong have significant life expectancy should receive diabetes care with goals similar to those developed for young adults.

* Blood sugar goals for some older adults might be relaxed, using individual criteria, but hyperglycemia or high blood glucose leading to complication should be avoided.

* Screening for diabetes complications should be individualized in older adults, but particular attention should be paid to those complications, that would lead to functional impairment.

* It is important to educate the patient and/or primary caregiver or family member about few important things. These are

- Symptoms of hyper/hypo glycemia i.e., low & high sugar levels and their immediate management.
- Use of glucometer
- Use of Insulin
- Education about risk factors for foot ulcers and foot care.

* Use of information booklets should be considered.

Nutrition in elderly with diabetes: Older adults with diabetes are at risk for undernutrition due to anorexia, (low appetite) altered taste and smell, swallowing difficulties, dental problems and functional impairment. They are also at risk for micronutrient deficiency as they are unable to meet their daily required uptake because of low calorie intake. Over-restrictive dietary patterns may prove detrimental in this population as it may lead to nutritional deficiencies. Addition of dietary fibre may improve blood sugar levels after a meal and also help in relieving constipation, which is common problem in this

age group. Dietician advice will be helpful in elderly diabetic patients.

Physical Activity in Elderly Diabetic Patients: There is evidence that progressive decrease in fitness and muscle mass and strength with ageing is in part preventable by maintaining regular physical activity. Older adults with diabetes who are otherwise healthy and functional should be encouraged to exercise in moderation. Even in patients with poorer health status benefit from modest increase in physical activity. Flexibility training or stretching are recommended 2 to 3 times per week in elderly diabetic patients. Yoga can also be included based on personal preferences.

Severe hypoglycemia (low sugar levels) carries a bad prognosis and mortality. It should be prevented by change or adjusting medications.

Elderly diabetes care should be done properly under the guidance and support of clinicians and family members.

Goal should be good quality of life and not only control of blood sugar.

(The author is a MD (General Medicine), Postgraduate Course in Advanced Diabetes (Harvard Medical School), Consultant Physician, Shija Hospitals)

2023-24 Budget keeps key issues of Indian workers unaddressed

Govt has no clear answer to the problem of falling real wages

By: Dr. KR Shyam Sundar

The Economic Survey (ES) 2022-23 prepared the ground for the focus points in the Union Budget 2023-24 presented on February 1...

Labour law reforms were implemented. It is not a question of the Union Government's failure. It is the duty of the Union Government to pass laws and frame Rules under the same, which it has done, even if in a delayed manner. Now, it is the state governments that should pick up the bearings. It is the state governments that have failed. Thirty-one state governments have pre-published the Rules under the Wage Code, 28 for the Industrial Relations Code, 28 relating to the Social Security Code, and a meagre 26 for the Occupational Safety, Health and Working Conditions Code.

The ES 2023 is a mere information provider with little analytical thrust, at least on matters relating to labour. Both the social partners — employers and the trade unions — are frustrated with both the framing process, and the framing of the laws themselves and their implementation. It weighs heavily over the minds of the economic players as to what is the roadmap regarding the labour codes. However, the ES ignores the elephant in the room! People with little or no academic training seem to have written the section on 'Progressing Labour Reform Measures'.

The argument continues to be that in response to Supreme Court's directions, the Union Government created the eShram portal for creating a national data base of unorganised-sector workers verified through Aadhar. The government writes in a self-congratulatory manner, as if it was imaginative enough to take this historic step; this narrative has crept into the political economy discourse too.

What were the directions of the Supreme Court? In what ways could the government have responded to the same? How much has been fulfilled transactionally so far? What are the measures taken for dissemination of this vital governmental function? The answers to these

questions don't seem to matter. More importantly, what is happening to migrant workers? This was the question that dominated media discourse thanks, ironically, to the pandemic.

The ES is silent on this important issue. It contends that 280.5 million out of the possible 380-400 million unorganised workers have registered on e-Shram. If we see 'Figure VI.2' on page 155, the registrations rose initially — up to January 2022 — and then almost plateaued, with a slight tilt on the rise. Again, there is no analysis of these trends. The message seems to be that the Union Government has done the job and if things have failed or are moving at a snail's pace, then it is not its fault. The otherisation of accountability is the bureaucratic answer to probing questions. Then, the ES meanders into the merits and achievements of Aadhaar!

On the labour market front, 'broad-based improvements' have taken place, as evidenced by both supply and demand side databases. 'Table VI.4' on page 158 details the macro trends in the conventional indicators of the labour market like participation, employment and unemployment rates. It is a rosy picture, indeed, especially the fantastic rise in the female labour force or workforce participation to around 27 per cent. Who cares for data by the Centre for Monitoring Indian Economy on the retreat of female labour participation, says the government; truth resides in government figures, which need to be relied upon, however scanty and unreliable they are.

The impressive rise in self-employment that the government has indicated shows huge potential for the future of self-help groups (SHGs), which have been glorified. Again, the othering is clearly visible here. The message seems to be: look, we can produce wage employment, regular or casual, to some extent; is it not exciting or even the duty of the people to take upon themselves to be economically active? The SHGs come in handy here. They also empower, un-

like female employment, don't they?

I am not commenting on the demand-side government survey — the Quarterly Employment Survey (QES) — which I regard as sobering exercises by a government in depression. No employer will contend that they employ more than three-fourths of their workers as regular workers, not even the historic angel Tata Steel! And contract labour, as per the survey, was less than ten per cent of the total. The irony is that immediately comes the revelation of reliance on data provided by the Annual Survey of Industries, 2019-20. The ES writers could have just flipped the macro volume, only to know that the QES figures are quite doubtful. Honesty about being wrong is more admissible than self-applauding lies.

Section 6.39 in the ES speaks of the rising average size of the factory; unlike many famous analysts, it has used 'persons' rather than employees or workers for analysis. The first finding is interesting. The critics of the so-called labour laws argue that they keep the size of the factory small so as to deny economies of scale. Now, the ES has admitted that the average size of the factory has been gradually rising, which is true. But labour laws have not actually changed so far. So are labour laws still a villain?

Even then, two questions arise. If employment has risen, what about the quality of employment? What about their real wages, according to the components of workers? In other words, what is the share of wages in employment which is both productive and redistributive? The share of nominal wages in the nominal gross value added declined from 20.53 in 1991-92 to 14.97 in 2001-02 and to 14.02 in 2018-19 (it was 15.41 in 2019-20). Leave economic aspects to the non-State agencies, which are principally private sector players, and things will sort themselves out. For some time, the variables behaved in partial support of labour law reforms, and now they are reversing.

I think that the ES rightly put forward the evolutionary and private sector participation growth model.

That is the main reason — a socially invaluable aspect — and not just variables like unemployment, equity, price stability, and so on.

If employment has risen, what about the quality of employment? What about their real wages, according to the components of workers? In other words, what is the share of wages in employment which is both productive and redistributive?

So, there is a deep and uncalled for cut in funds for the Mahatma Gandhi National Rural Employment Guarantee Act, 2005 (MGNREGA). It is unfathomable that despite consistent stories by Yogima Seth Sharma of Economic Times, the government has argued that reliance on it has been declining. Again you see the othering coming in. Housing and water works will replace MGNREGA, and eventually the other variables.

Anyway, we know that the current regime will never politically endorse any popular scheme of the previous regimes or opposition political parties. When non-profit organisation Oxfam India reports have shown high economic inequality, our government has given bouquets to the super rich by reducing their tax burden to prevent money going out to tax heavens — will that money still not go? To justify that, some tax sops have been given to the lower classes.

By the way, most middle class people rely heavily on an exemptions-led tax regime as the capitalist class has flooded the market with equated monthly instalments, which in fact has also hurt the capacity to strike! The argument is that investment in infrastructure and capital expenditure would take care of unemployment. I am yet to find the macroeconomic study which provides, using the multiplier approach, the extent of employment generation.

It is a budget which cheers all a little if not probed closely. Ideas are bad for cordial industrial relations! (IPA Service)

(The author is a Visiting Professor at the Impact and Policy Research Institute)
Courtesy: The Leaflet



the norm and acceptable. Article 1 of the Universal Declaration of Human Rights states that "All human beings are born free and equal in dignity and rights". We must do everything possible to ensure that our elders can lead a life of dignity, enjoy the best of medical attention, economic security as well as emotional stability.

The Older persons make wide-ranging contributions to economic and social development. They should be encouraged to get out of their retirement mentality and think about old age as second innings and opportunity to complete so many unfinished tasks and expand horizons to look beyond the family and work for the community.

As per WHO, there are around 600 million persons worldwide aged 60 years and over and this total will double by 2025 and it is estimated to reach virtually two billion by 2050 - the vast majority of them in the developing world.

The elderly ones should be given protection and respected all around the world. People should stop abusing elders and start understanding their problems and take care of them. The World Elderly Abuse Awareness Day as the name says should be used to remind everyone to create awareness to protect elderly people. We need to look at creating a more enabling and inclusive environment that is supportive and inclusive to people of all ages, including older people. The failure to tackle ageism undermines older persons' rights and hinders their contributions to social, economic, cultural and political life. "The younger generation should know how the world addresses the elderly. The problem of old age should be seen as a societal issue rather than an individual's problem. A day will come when we all will be old and we will be facing the similar situation as faced by our elders today. Is it not our responsibility to provide long term care to them and thus contribute to healthy ageing?

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Women protest against crackdown on child marriage, Assam CM says drive to continue till 2026

Agency
New Delhi, Feb 5:

Hundreds of women across Assam on Saturday protested against the state government's crackdown on child marriage, reported PTL.

On January 23, Chief Minister Himanta Biswa Sarma had announced that the Assam government will launch a state-wide drive against child marriage and will book men marrying girls below 14 years of age under the Protection of Children from Sexual Offences Act, and those marrying girls aged 14-18 under Prohibition of Child Marriage Act.

On Saturday, the chief minister said that a total of 4,074 cases related to child marriage have been registered in the state, reported *The Times of India*. He added that 8,134 persons, including parents of grooms and priests, have been named as accused.

The highest arrests were made in Biswanath, Dhubri, Barpeta, Kokrajhar and Hojai, NDTV reported.

Women in the districts of Dhubri, Morigaon, South-Salamara Manachar staged protests at police stations against the state government's action. Most of the protesting women are dependent on their husbands for financial support.

The police have baton-charged the protestors in Dhubri's Tamarhat police station and used teargas to disperse them.

"I am worried about how I'm going to look after my child," an unidentified woman, carrying a three-month-old infant, told *The Indian Express*. "My husband worked as a farm labourer. I ran away from home to get married so I don't have any other support. As of now, I don't have a single rupee with me."



Women in Guwahati protest against the Assam government's crackdown on child marriage.

In Golakganj police station in Dhubri, a 23-year-old woman protested against her husband's arrest and threatened to die by suicide if he and her father were not released.

Sarma, however, said the crackdown on child marriage will continue till 2026, when the next Assembly elections are due in Assam, *The Indian Express* reported.

"There is zero sympathy in these matters," the Bharatiya Janata Party leader said. "After a young girl is married and goes through...I will have to call it rape...have we thought of the suffering the girl goes through? In order to save lakhs of girls from this situation in the future, one generation will have to suffer."

Sarma added that the practice of child marriage has to stop in Assam. "I have told

district collectors that if anyone has financial troubles because their husbands are in jail, the government can look into it," he said.

The chief minister also said that the large number of arrests in last 48 hours have created an awareness that child marriage is illegal and different organisations have welcomed the move.

But Opposition leaders in the state have questioned the drive. Congress MP Gaurav Gogoi termed the action as a public relations exercise by the BJP government.

"In Assam the people have completely rejected the initiative of the Chief Minister Himanta Biswa Sarma to crack down on child marriage," Gogoi wrote on Twitter. "It seems the police are instructed to investigate cases that are decades

old without proper enquiry or adherence to procedure. It's a farce."

Assam Trinamool Congress unit President Ripun Bora accused the state government of grossly misusing the Child Marriage Act.

"There should not be a pick and choose policy to target a particular community," Bora tweeted. "In Mankachar, fearing that her parents will go to jail, a girl has committed suicide. It's an effect of whimsical crackdown on the offenders. Pathetic."

The police, however, denied that she had died because of the government's drive against child marriage. "She could have done it due to other issues related to her family," Superintendent of Police Horen Tokbi said. "We'll investigate the matter further."

Assam Rifles promotes Swachh Bharat

IT News
Imphal, Feb 5:

Khuga Battalion under the aegis of HQ IGAR (South) organised a Cleanliness Drive in border village of H Khunou, Churachandpur district yesterday.

As an effort to create a healthy and clean society and to sensitise the locals specially the youth about the importance of a clean and healthy environment, Assam Rifles organised a Cleanliness Drive in border village of H Khunou.

As part of the drive, an interactive session on "Clean and Healthy Environment" was conducted at the village followed by a comprehensive cleanliness session. A total of 16 soldiers and 14 Civilians took part in the said drive.

Surveillance Measures in Place to Ensure Market Integrity: SEBI

By Raju Vernekar
Mumbai, Feb 5:

Amid market volatility following the Adani matter, the Securities and Exchange Board of India (SEBI) on Saturday said the Indian financial market, represented by Sensex and Nifty, has demonstrated stability and has continued to function in a transparent, fair and efficient manner.

Although the SEBI did not refer to the Adani matter, the market regulator in a statement said that on a long term basis, the Indian markets have been viewed positively by investors. On a cross country comparison of dollar adjusted market returns with both peer and developed countries, during the past 3 years till date, places the Indian market as a positive outlier.

"During the past week, unusual price movement in the stocks of a business conglomerate has been observed. As part of its mandate, SEBI seeks to maintain orderly and efficient functioning of the market and has put in place a set of well defined, publicly available surveillance measures (including the ASM framework) to address excessive volatility in specific stocks. This mechanism gets automatically triggered under certain conditions of price volatility in any stock," SEBI said.

Further, in all specific entity-related matters, if any information comes to SEBI's notice, then, as per extant policies, the same is examined and after due examination, appropriate action is taken. SEBI has consistently followed this approach on entity level issues and would continue to do so in future as well. SEBI is committed to market integrity and to ensure appropriate structural strength to function in an uninterrupted, transparent and efficient manner as has been the case so far, SEBI said.

Officials confirmed that the statement has been issued in the wake of the Adani matter. The Bombay Stock Exchange and National Stock Exchanges have put three Adani group companies- Adani Enterprises, Adani Ports and Special Economic Zone and Ambuja Cements, under their short-term additional surveillance measure (ASM) which basically means that intra-day trading would require a 100 per cent upfront margin and is aimed at curbing speculation and short-selling in these stocks.

The Adani Group has lost over \$100 billion in market value since Hindenburg Research accused it of stock manipulation and accounting fraud, in the January 24 report. The group has denied any wrongdoing and has threatened to sue Hindenburg.

India logs 113 new Covid cases; Active tally rise to 1,817

Agency
New Delhi, Feb 5:

India logged 113 new Coronavirus infections, while the active cases increased to 1,817, according to the Union Health Ministry data updated on Sunday.

The death toll stands at 5,30,745, the data updated at 8 am stated.

The Covid case tally stood at 4.46 crore (44,63,363).

The daily positivity was recorded at 0.09 per cent while the weekly positivity was pegged at 0.08 per cent.

The active cases now comprise 0.01 per cent of the total infections, while the national COVID-19 recovery rate increased to 98.81 per cent, the ministry said.

The number of people who have recuperated from the disease surged to 44,15,801, while the case fatality rate was recorded at 1.19 per cent. According to the ministry's website, 220.57 crore doses of Covid vaccine have been administered in the country so far under the nationwide vaccination drive.

India's COVID-19 tally had crossed the 20-lakh mark on August 7, 2020, 30 lakh on August 23, 40 lakh on September 5 and 50 lakh on September 16.

The country crossed the grim milestone of four crore on January 25 last year.

AR foils smuggling of contrabands



IT News
Imphal, Feb 5:

Somsai Battalion under the aegis of HQ IGAR(South) foiled cross border smuggling of contrabands in Senapati district yesterday.

Based on credible intelligence, a MVCP was established at Phaibung Khunao Village. The MVCP spotted suspicious movement of two pick up Bolero Vehicles with two

indls loaded with some suspicious items.

On thorough search, contraband items which includes Beetle Nuts (supari) were recovered. The vehs were mov to Dimapur to sell the items.

A total of 2880 Kg of Beetle nuts valued at Rs 18.72 Lakhs was recovered. The recovered items have been handed over to OC Pahibung Police Station, Senapati District for further investigation.

Students must avoid these mistakes in Board Examination



By: Vijay GarG

Students appearing for the Board Exams must be aware of some common mistakes they tend to make in the examination hall. Check these mistakes to avoid in the upcoming exams.

Along with, board exams of many other state boards are about to begin all over the country in a month. While hard work and preparation are the keys to excel in the board examinations, it is equally important that how you act in the examination hall and write your exam. It is often observed that many students, though unknowingly, make some common mistakes while writing the exam due to which sometimes they lack good scores irrespective of having worked hard to prepare for the exam. Here we are going to dis-

cuss some common mistakes that students should avoid in the examination hall to get their hard work paid off and achieve good marks in their board exams. These are:

1. Not reading the question paper properly

This one comes on the top of the list of common mistakes made by students while taking the exam. Board gives its students an extra 15 minutes time to read the question paper. But most of the students, due to stress and panic, fail to utilise this grace time efficiently due to which they end up choosing the wrong question out of the given choices and then regret it later. Therefore, this is the time that students should use to organise their thoughts and manage their time during the exam.

2. Writing unplanned answers

Generally, students answer the questions without planning the order of points that they tend to write the least important points first and infuse the keywords in the last lines. Later, when they realize it, they try to correct their answer by cutting the initial points and writing them again in a planned manner. This not only causes the wastage of time but makes

your answer look messy which will make a bad impression on the examiner.

3. Time mismanagement

This should be considered the most important task while writing the exam. This is the most crucial thing for acing any board exam like of board exam. But most of the students start writing the paper without taking care of proper time management and when the time gets over, they are left with no other option than to quit the unattempted questions due to which they lose those precious marks. Therefore, while writing the paper, a student should plan in advance how much time he will dedicate to each question and should stick to the same.

4. Beating around the bush

Most of the students instead of writing an apt explanation to a question keep on beating around the bush which is in no way going to help him get good marks, but will destroy his time management strategy. Thus, write only if you know the facts. Else, just write upto what you know and leave the rest. Because an annoyed bunch of words is capable enough of reducing your marks from the rest of the good answers.

5. Not knowing when to give up

This is another stupid mistake students make while writing an answer. When came across a question, which students find difficult to answer, they keep on making speculations and guesses to find the right answer due to which they end up losing a large time and then they are left with too little time to write even those answers which they knew correctly. So, it's a suggestion not to sit on a single question wasting your time. Better, attend the ones which you know well and will fetch you good marks.

6. Copying incorrect data

Sometimes out of a hurry, many students copy the data given in the question paper incorrectly due to which they get a wrong answer after the whole calculation. Students should take extra care as it might save a couple of marks in the exam.

7. Collapsed writing

Be it the result of a panicking situation or the hurry to complete the paper in time, students often ignore their handwriting. This makes their paper look like a sheet full of messy and collapsed writing with many cuts and crosses.

The examiner will not take any extra effort to decipher your answer script and will ultimately reduce your marks. So, it's your own duty to take some extra efforts to make your answers look clean and readable enough to please the examiner to get you goods marks in the CBSE, UP or any other state board exam.

8. Handing over the sheet to the examiner without checking

After completing the paper or when the time gets over, students just hand over their answer script to the examiner without even checking it due to which they miss to check if they have written their roll number, or other asked information correctly or not. Also, they lose the opportunity to rectify any spelling or grammatical mistakes if there are in the paper and save their marks from being deducted. So, it's very important for a student to spare some time for the end so that he/ she can check the answer script properly before submitting it to the examiner.

Thus, these are the few mistakes that a student must take care of in the Board examination to get his hard work reflected in his result.

Name Change

I, the undersigned, Moinam Tamijur, S/o Md. Abdul Jalil do hereby declare that I have relinquished, renounced and abandoned the use of my old name **Tamijur** as I have assumed my new name **Moinam Tamijur**.

Sd/-

Moinam Tamijur

Khelakhong Mayai Leikai,
Khelakhong Khongjil, Thoubal
Manipur - 795132

Name Change

I, the undersigned, Md. Abdul Jalil, S/o, Memma do hereby declare that I have relinquished, renounced and abandoned the use of my old name **Zalin** as I have assumed my new name **Md. Abdul Jalil**.

Sd/-

Md. Abdul Jalil

Khelakhong Mayai Leikai,
Khelakhong Khongjil, Thoubal
Manipur - 795132

Former Pakistan President Pervez Musharraf passes away aged 79

Agency
Dubai, Feb 5:

Former President of Pakistan, General Pervez Musharraf (Retd), passed away on Sunday at the age of 79 at a hospital in Dubai, Geo News reported.

The former military ruler passed away after a prolonged illness. He was undergoing treatment at American Hospital Dubai.

A senior leader of Pakistan Tehreek-e-Insaf, Fawad Hussain, took to Twitter to extend his condolences and wrote, "Pervez Musharraf passed away, he was a great person, always Pakistan first was his thought and ideology. May God have mercy on him."

On June 10, his family



issued a statement on Twitter and said that the former army chief is at a stage where "recovery is not possible and organs are malfunctioning". "He is not on the ventilator. Has been hospitalized for the

last 3 weeks due to a complication of his ailment (Amyloidosis). Going through a difficult stage where recovery is not possible and organs are malfunctioning. Pray for ease

in his daily living," the family said.

He was diagnosed with the life-threatening disease Amyloidosis in 2018 in the UAE. Amyloidosis is a rare disease that occurs when an abnormal protein builds up in organs and interferes with normal function.

Gen. Musharraf had left for Dubai in March 2016 for medical treatment and never returned to Pakistan.

He was diagnosed with the life-threatening disease Amyloidosis in 2018 in the UAE. Amyloidosis is a rare disease that occurs when an abnormal protein builds up in organs and interferes with normal function.

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DA hike: Good news for central govt employees as govt plans to hike dearness allowance to 42%

Agency
New Delhi, Feb 5:

In an apparent good news for the central government employees, the Centre is expected to increase dearness allowance (DA) for its more than one crore employees and pensioners by four percentage points to 42 per cent from existing 38 per cent as per the agreed formula for the purpose.

The DA hike will be effective from 1 January this year, according to a PTT report.

The DA for employees and pensioners are worked out on the basis of the latest Consumer Price Index for Industrial Workers (CPI-IW) brought out by the Labour Bureau, a wing of the Labour Ministry, every month.

The Labour Ministry increases the DA in view of the inflation of many important things in the AICPI (All India Consumer Price Index) index.

"The CPI-IW for December 2022 was released on January 31, 2023. The dearness allowance hike works out to be 4.23

per cent. But the government does not factor in hiking DA beyond decimal point. Thus DA is likely to be increased by four percentage points to 42 per cent," All India Railwaymen Federation, General Secretary, Shiva Gopal Mishra told PTT.

Mishra further explained that the expenditure department of the Ministry of Finance will formulate a proposal to hike DA along with its revenue implication and will put up the proposal before the Union Cabinet for approval.

Contd. from Page 1

CM inaugurates Multipurpose...

Addressing the gathering, the Chief Minister spoke on the hardship faced by the people during the disastrous COVID-19 pandemic. He continued that the period was much challenging for the Government, as saving the lives of the people was the utmost priority. He appreciated the selfless effort of the current Health Minister Dr. Sapam Ranjan, the then Advisor to Chief Minister (Health), in containing the outbreak of the pandemic.

Continuing his speech, N. Biren raised concern about the threat to the State from illegal

migrants and drug trafficking from neighbouring countries and stressed the need to remain alert on this matter. He also expressed the importance of youths to follow the footsteps of our great forefathers who had always rendered their service for the sake of the motherland.

The Chief Minister spoke on the certain welfare schemes of the Government mentioning Chief Minister's Hakshelgi Tengbang (CMHT), Ayushman Bharat, Widow Pension and School Fagathansi Mission among

others. He maintained that the State is progressing in the path of development at a fast pace. He further informed that the State would be hosting G20 events from 17th to 19th February, this year and added that representatives of G20 nations would also be visiting different tourist places of the State.

During the programme, the Chief Minister distributed cards of different welfare schemes including CMHT, Labour, Old Age Pension and Widow Pension to the beneficiaries.

ENPO's withdrawal of poll boycott...

As per reports, the new arrangement would facilitate the creation of a Frontier Nagaland Autonomous Council comprising 40 elected representatives, seven nominated members, and two esteemed members.

"In faith with the Union Home Minister and the MHA, Gol, ENPO relaxes the August 26, 2022 resolution in the in-

terest of fair and peaceful conduct of election in the state," it said further requesting all its citizens to cooperate with the government in the conduct of the election and not create any law and order problem within ENPO jurisdiction.

Nagaland Chief Minister Neiphiu Rio also took to Twitter

saying "The withdrawal of ENPO's call for a boycott of the Assembly Election demonstrates confidence in the Gol under the leadership of Shri @narendramodi Ji & Shri @AmitShah Ji. It paves the way for a smooth election process & strengthens our collective efforts for peace & development."

Sports

13th Edition of Shaheed Manoranjan Singh Memorial State Level Open Football Tournament 2023 kick-off

IT News
Imphal, Feb 5:

The 13th Edition of the Shaheed Manoranjan Singh Memorial State Level Open Football Tournament 2023 got underway in a grand opening ceremony at SAI Sports Complex, Takel, Imphal, Manipur.

Awangbow Newmai, Minister, Water Resource, Relief & Disaster Management Dept, Govt of Manipur graced the occasion as Chief Guest while Paolienlal Haokip, MLA, Saikot, Manipur graced the occasion as Guest of Honour in the august presence of Ng. Ongbi Memcha Devi, mother of Shaheed Manoranjan Singh. The formal inauguration of the tournament was made by release of balloons followed by Shaking hands with Both teams on the field. This tournament is being organized by 143 Bn. CRPF on behalf of Manipur & Nagaland Sector CRPF in coordination with Imphal West Football Association and All Manipur Football Association.

The Chief Guest and the Guest of Honor in their addresses to the gathering ex-



horted and appreciated the dedication and supreme sacrifices of CRPF in their service to the nation. They conveyed their heartfelt best wishes to all ranks and files of CRPF.

Delivering his keynote address Sandeep Datta, IG, M&N Sector CRPF accompanied by Rajni Datta, M&N Sector CWA Head, eulogized the gallant action of Shaheed Manoranjan Singh who sacrificed his life while fighting the Maoists in the interior areas of Chintagufa, Dis-

trict Dantewada Chhatisgarh on 17.9.2009 while posted in the elite 201 CoBRA unit.

The stadium looked brilliant in a buzzing atmosphere which was attended by many football lovers and fans including ladies and children. All Senior Officers of the sector remained present on the occasion. Large number of family members joined the event to make it more special. Ravindra Singh Rautela, DIG Range Imphal proposed a vote of

thanks on the occasion.

The month long tournament which started today will culminate on 4.3.2023 in which 24 high ranking football clubs of Manipur will be competing in the tournament. This initiative of CRPF will surely give impetus to the youth of Manipur, the power house of sports, to excel and bring laurels to the state and the country. In the inaugural match

KLASA FC defeated MPSC by 4-1 in a thrilling encounter.

Lionel Messi scores winner in PSG's 2-1 victory over Toulouse

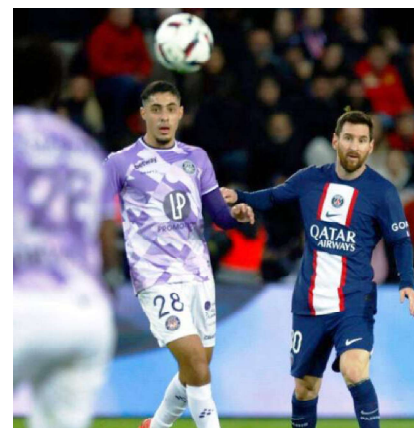
Agency
Paris, Feb 5:

Argentine superstar Lionel Messi starred with a goal as Paris Saint Germain defeated 12th placed Toulouse and extended their lead on top of the Ligue One table. Without Neymar and Kylian Mbappe, the responsibility of shouldering the PSG attack was solely on the shoulders of the World Cup winner and he did not disappoint.

Messi curled in an exquisite goal into the bottom corner from outside the area in the 58th minute and put PSG 2-1 ahead, helping the hosts recover from a woeful start where they conceded first. The Argentine also came close to completing his brace in stoppage time only to hit the post. This was his third goal in his last five league games and it put PSG on 54 points from 22 games.

Achraf Hakimi had cancelled out Branco van den Boomen's opener in the first half for Christophe Galtier's side, who had only won two of their last five matches in Ligue 1.

Olympique de Marseille are second on 46 points before



hosting Nice on Sunday with third-placed RC Lens travelling to Stade Brestois.

Without the aforementioned Neymar and Mbappe, both injured, Messi was flanked by Hugo Ekitike in attack with Vitinha just behind.

Renato Sanches was on in midfield following Marco Verratti's suspension, but the Portugal international left the pitch in tears after sustaining a thigh injury on 12 minutes.

Van den Boomen then opened the scoring in the 20th minute with a finely taken free kick that left Gianluigi Donnarumma with both feet stuck in the ground.

Marquinhos latched onto a Messi free kick, only for his deflection to hit the post 12 minutes before the break, but Hakimi was more precise five minutes later with a superb curled attempt from outside the box.